

Tech Tips to Stop the Spread of Germs

FROM
YOUR
HVACR
INDUSTRY
PARTNERS



WASH YOUR HANDS

Wash your hands as often as possible with soap and warm water **for at least 20 seconds** (per CDC guidelines). This includes before and after eating and before entering and leaving each jobsite.

No access to soap and water? Use hand sanitizer that is at least 70% alcohol-based.

→ **TIP** Sing the *Happy Birthday* song twice while washing your hands.



STAY HOME

Stay home if you are experiencing fever, cough, cold or flu-like symptoms.



Have a fever of 100 degrees or higher? Consult your doctor and stay home until you're fever free without using fever-reducing medication for 24 hours.



Have a family member who is sick or experiencing symptoms? Inform your employer and discuss what the company practices are.

Been in contact with someone that is sick or has tested positive? Notify your employer so that proper protocols can be put in place to notify team members.

ASK ABOUT ILLNESS



When scheduling appointments or arriving at a dispatched job, inquire if customers or anyone in their household has recently been sick or symptomatic.

Is a customer sick? Encourage sick or recovering customers to reschedule standing or non-urgent appointments.

→ **TIP** Take the time to let your customers know that you are well.

LIMIT CONTACT



Limit contact and avoid unnecessary contact points in customer homes and businesses. This includes no handshaking and touching only required surfaces to complete the job.

Arriving at a job? Use caution and consider wearing booties to cover your shoes and protective gloves when entering residential spaces, particularly if you are entering a home with a suspected sick person.

→ **TIP** Wear gloves if possible when in contact with common areas.



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WIPE DOWN DEVICES & SURFACES

Take time to wipe down frequently used devices, tools and surfaces. This includes tools, iPads and handheld devices, mobile phones, your service vehicle and equipment in the home.

- ➔ **TIP** Diligent disinfecting will help to stop the spread of germs should you encounter someone who is sick or may be infected but not yet symptomatic.
- ➔ **TIP** You should use cleaners with **at least 70% alcohol** or other EPA-registered disinfectants.

CLEANING CHECKPOINTS



Vehicle: Steering wheel, dashboard buttons, gear shift, outside and inside door handles.



Home: Thermostats, faucets, plumbing fixtures, etc.

SOCIAL DISTANCING



Avoid close contact with people who are sick. If there are suspected or confirmed cases in the area where you live and/or work, practice distance between yourself and others. **The CDC recommends a distance of 6ft to contain spread.**

- ➔ **TIP** Cover all coughs and sneezes, throw away used tissues and immediately wash your hands for the recommended 20 seconds.

Maintain a distance of **6ft**

ROUTINE CLEANING



In the workplace, establish a routine of environmental cleaning, including all frequently touched surfaces in the workplace.

SHARED SPACES INCLUDE:

- Kitchens and bathrooms
- Doorknobs
- Workspaces
- Individual desks
- Any other areas that are in use daily



TIPS TO STOP THE SPREAD OF GERMS

- ➔ Advise employees who will be traveling to **consult CDC travel guidelines** prior to departure and return to work.
- ➔ Talk with your team about **contingency plans regarding potential shutdowns, school closings and other events** that may affect your life and business.
- ➔ Follow **CDC guidelines (cdc.gov)** for the most up-to-date recommendations.



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